

# Roots and Wings

([www.rootsandwings.in](http://www.rootsandwings.in))

Presents

## AU SEUIL

towards threshold



*"The greatest gifts you can give your children are the roots of responsibility and the wings of independence" - Denis Waitley*

### A UNIQUE PARENT-TEENAGER SUMMER RETREAT

#### THE PAY-OFF

Besides fostering the bond between a teenager and her/ his parent the retreat aims to provide a unique once-in-a-lifetime opportunity to learn about the most important other generation in one's life. In a fun-filled, exciting retreat, opportunities will be generated to learn to celebrate inter-generational diversity. The life skills cultivated during this retreat include

- **Deep personal insight (emotional as well as rational)**
- **Self-Confidence**
- **Inter-personal effectiveness, Empathy and Relationship skills**
- **Self-Control and Self-Reliance**
- **Successful and Joyous outlook in life filled with Optimism, Adaptability and Celebration.**
- **Facing adversity and developing resilience during stress**

This retreat is an opportunity to discover these vital life-skills which have otherwise (gradually) diminished from the westernized individualistic academic system and the nuclear families. The uniqueness of this program is its design to facilitate learning and peer bonding through fun filled activities.



#### METHODOLOGY

This experiential retreat is built around exciting outbound experiences/ adventures viz. Camping, Trekking, River-rafting, Rappelling, Rock climbing and simulated exercises. The living in community is aimed at deepening the understanding of Indian roots and the other India which has largely remained hidden in the urban terrain.

The facilitators, keeping the focus on *Toltec Wisdom*, leverage the *Adult Learning* principles; the foundations of the design are embedded in the *Positive Psychology/ Appreciative Inquiry* and in the tenets of emerging neurosciences. Every activity will end with reflection/ teaching moments and evenings filled with insightful films.

#### THE LOCATION

Rishikesh & Dhanolti; all arrangements including air-tickets Hyderabad-Delhi-Camps-Delhi-Hyderabad are the part of the package.



#### TARGET GROUP

Hyderabad based 14-15 year old cohort teenager group with their parent. Only under exceptional circumstances the child without parent will be admitted.

Batch size – not exceeding twenty (10 parents and 10 children)

## **SCHEDULE**

4-9<sup>th</sup> April 2011. Departure – Hyd-Delhi morning flight 4<sup>th</sup> April;  
Arrival Delhi-Hyderabad 9<sup>th</sup> April

## **PARTICIPATION FEE**

Rupees **38750/- per participating pair**; The fee includes all the costs of Air-fare (i.e. 4 air tickets), intermediate travel, camping, food, fee for all activities. Those making own arrangements for Hyd-Delhi-Hyd may pay **Rs.26750/- per participating pair**.



## **RETREAT FACILITATORS**

### **Harish Raichandani**



Harish brings an interesting combination of people and practicality. His entrepreneurial perspective of the capability building profession is founded on an unshakeable belief in people and is supported by his in-depth understanding of human and organizational behavior acquired over 25 years of experience... an OD consultant he has made several contributions... Intermingling of Harish's work, hobbies and passion have led him to professional memberships of several organizations... Teaching, his other hobby, brings him close to students, at [IIM Ahmadabad](#) and [VJIM](#)... was closely associated with school development initiatives at JHPS Hyd, Bethany B'lore and Sadhu Vaswani International School... lives in Hyderabad loves chess, travel, swimming and scuba diving...

### **Shanti Yeachuri**

Shanti experiences and enjoys life at a deep level... a PG degree in French and a certified Organization Change Facilitator... brings a rare understanding to the social development issues and opportunities they generate for individual development... leverages her 16 years of professional experience and parenting skills honed in raising her two student sons pursuing Engineering & the tenth grades... her organization building contributions span administration, training, teaching, strategic coordination... pursues her passion of facilitating change in the nonprofit sector... a behavioral science consultant, she understands the complexities of current age families, groups and large organizations...  
<for more details [www.rootsandwings.in](http://www.rootsandwings.in)>



**DO ENROLL BEFORE 7<sup>TH</sup> MARCH 2011 TO AVOID DISAPPOINTMENT**

**For enrolment/ registration please contact**

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**About Roots and Wings:** 'Roots and Wings' is a special initiative of Potentia\* towards building joyous citizens and the future leaders of tomorrow.

*\* Potentia aims to bring out the best in people & organizations through OD Consulting, Executive Coaching, Training & Strategic HR Support. For more details visit [www.potentia.in](http://www.potentia.in)*